

PRESS RELEASE: Friday 21 October 2022

'Twrio' in the Cambrian Mountains

All are welcome to attend Twrio, a Coastal Uplands: Heritage and Tourism (CUPHAT) event, organised in conjunction with Cambrian Mountains Initiative (CMI), in Canolfan Dreftadaeth Tregaron/ Tregaron Heritage Centre from 2pm to 8pm on 16 November 2022.

CUPHAT, supported by the European Regional Development Fund through the Ireland-Wales Cooperation programme, focuses on heritage-based tourism in the coastal uplands of Ireland and Wales. The project seeks to showcase the shared and distinctive heritages of the Cambrian Mountains and Preseli Mountains, and the Blackstairs Mountains and Wicklow Mountains in Ireland.

The upcoming Twrio event invites local community members to bring along items they feel are important in representing the history and heritage of their area, including: photographs, artefacts, crafts, tools, objects, memorabilia, and postcards. The CUPHAT team will be there to hear stories about why these items are important and there will be an opportunity for some items to be digitised and preserved for future generations.

Community members are invited to drop-in at any point during the day. An exciting programme of events showcasing local history and heritage is planned, with speakers, musicians, and opportunities to watch old video footage from the local area. This event is free to attend and tea, coffee and cake will be provided throughout the day.

The CUPHAT Project team describe the event as being “an important way to share, celebrate, record and preserve the things that are important to the rich and diverse heritage of these communities. A full programme of events will be released closer to the day, so please check CUPHAT’s social media accounts.”

Another CUPHAT Twrio will also be happening in the Preselis, in Neuadd Gymunedol Maenclochog Community Hall, on 17 November 2022 from 2pm – 8pm.



ENDS

Further information

Coastal Uplands: Heritage and Tourism (CUPHAT) is funded by the European Regional Development Fund (ERDF) through the Ireland Wales Co-operation Programme. The project will work with a range of community, local and national stakeholders from Wales and Ireland, with Aberystwyth University leading the project, and working in partnership with University College Dublin and the Dyfed Archaeological Trust. The project aims to showcase the natural and cultural heritage of four coastal upland areas in Ireland (Wicklow and Blackstairs Mountains) and Wales (Cambrian and Preseli Mountains) to increase sustainable forms of tourism within them, thus leading to the creation of more sustainable livelihoods, communities and environments.

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